

PAMELA UNDERWOOD, MA, BFA
15376 Running Deer Trail, Poway, Ca. 92064
Phone: 619-857-8820
Email: bodywriting@aol.com
Web site: pamelaunderwood.com

EDUCATION

- 2003 ~MA, Expressive Arts Therapy,
European Graduate School, Switzerland
- 2002 ~Expressive Arts Facilitator/Educator/Consultant
Expressive Arts Institute of San Diego
- 1977 ~ B.F.A. Fine Arts, Painting & Printmaking
University of Texas at Arlington

SELECTED SOLO EXHIBITIONS

- 2001 ~"History is Fiction of Our Own Making"-Performance
Sushi Performance and Visual Arts Gallery, February
Celebrate Dance Festival, San Diego, California, August
- 1993 ~"Models for Rebirth"- Visual Art
The Writing Center, San Diego, California
- 1991 ~Performance~ "Dear Granddaddy,"
Sushi Performance and Visual Arts Gallery, San Diego, California
- 1991-1992 ~ Public Art~ "Avant Guard Dogs"
Grant partially funded by the *National Endowment of the Arts*
Sushi Performance and Visual Arts Gallery, San Diego, California

SELECTED GROUP EXHIBITIONS

- 2002-Present "Minstrels of Story" Playback Theatre Troupe,
Serving non profit organizations, San Diego, California
- 2001- 2005 ~ "Ray @ Night", Expressive Arts Institute of San Diego, Ca
"Altered Visions"- Visual Art
"Love House" - Installation
"Imprint of Women", Bodywriting - Nine Year Retrospective
"ISIS Group Show" - Visual Art
- 2004 ~Firehouse Museum, "Fire Survivor Show"- Visual Art
San Diego, California
- 2001 ~ Sushi Performance and Visual Arts Gallery, San Diego, California
"Loose Ends of the Tapestry" - Performance
"Wild Women" - Visual Art, Women Caucus for the Arts
San Diego, California
- 2000 ~Dream Conference, New York, NY-Visual Art
~IEATA 2000 Conference Group Visual Art Show
San Francisco, California
~The ASD Millennial Dream Art Exhibition
"Dream Journeys" -Visual Art, Washington, D.C.
- 1997 ~"Whispers 1997 - National Juried Art Exhibit"
Art by Adult Survivors of Child Abuse
Coordinating Curator/Judge, Spruce Street Forum Gallery
San Diego, California, 1996
~Robin Brailsford Gallery, "Body of Work", San Ysidro, California
~Santa Ysabel Gallery, "Underwood and Weeke", Santa Ysabel,
California

PUBLISHED WORKS

- 2004 ~Headwaters: Appalachian Journal of Expressive
Arts Therapy, "Ghost House"- Mixed Media,
Boone, North Carolina
- 2003 ~Headwaters: Appalachian Journal of Expressive

Arts Therapy, "The Body Print Essay", "Trees Like Lace; Boulders Like Jewels", Appalachian State University Boone, North Carolina

TEACHING/ PRESENTING

- 2007 ~ Presenter; International Expressive Arts Association Conference
Appalachian State University, Boone, North Carolina
- 1994 – Present ~Private Practice, Expressive Arts Therapy and Education
Pena Rosa Studio, Poway, California
~"Bodywriting® Retreats for Women," Co-founder/Facilitator
Poway, California & Austin, Texas
- 2003–Present ~"Image Quest™; Discover Your Authentic Visual Vocabulary", 10
Week Course, Founder and Facilitator
- 1994–Present ~"Artist's Way Groups", Facilitator, 12-week creativity workshop
Poway, California
- 1999–2002 ~The Elizabeth Hospice, Bereavement Group Facilitator,
Journaling Workshop for Volunteers
Clinical Retreats, Staff and Employees, Escondido, California
~San Marcos State University, Guest Artist
Course: "Process of Art", San Marcos, California
- 2001 ~ "September 12th Day of Healing" Day Retreat
Expressive Arts Facilitator
- 2000–2001 ~Expressive Arts Intern, Elizabeth Hospice, Escondido, California
- 1999–2000 ~Expressive Arts Intern, Horton Elementary Magnet School for
Humanities/Arts, San Diego, California
- 1997–2000 ~Artist in Residence, Horton Elementary Magnet School for
Humanities/Arts, San Diego, California
- 1997 ~The California Arts Project 1997 Open Institute–SDSU
Professional Artist– Visual Arts Team; Teaching Teachers
How to Teach Creativity in the Classroom, San Diego, California

MEDIA COVERAGE

- 2007 ~Nirmala Bhat, "Bio Byte", San Diego Union Tribune
- 2006 ~Michelle DeCrescenzo, "Students learn about themselves
through using visual imagery", San Diego Union Tribune
- 2003 ~Corrie Vaus, "The Bodywriting Story"
Channel 4 Television Station, San Diego Insider
~Marcia Manna, "Form and Function", San Diego Union Tribune,
(March 6, 2003)
~Candice Reed, "Artist Uses Body-Printing Process To Help
Women Heal"
North County Times (March 6, 2003) San Diego
- 2000 ~Donna Otter, "Body Prints", The Publication (March 2000), San
Diego
- 1993 ~Daly, Glenn, "Body Prints, Memory Bleeds" The Reader (December
16, 1993), San Diego